



## Trans Teen and Family Video Seven: Birth Certificate

*Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.*

### **Emotions**

- This video describes a high-energy conflict between the narrator and their parent. In what ways do you hope this conflict might be resolved?

### **Relating to the Video**

- This video describes Kai's aunt Suze as a positive influence from outside of the immediate family. Does anyone come to mind in your broader network that functions as a support for your family?
- The narrator mentioned feeling "trapped" in a car. Another narrator mentioned the car as a place she ultimately came out.
  - What are some places that feel most comfortable to you to have important conversations with your family?
  - What are some places you would NOT feel comfortable having these conversations?
  - What are other things besides location that affect how comfortable you are during important conversations with your family?

### **Safety and Security**

**Birth certificate** as a symbol for **autonomy**. What role did the birth certificate play in constructing safety and security?



**Gender Roles**

What significance did their name change hold for the narrator? Their family?

Are there pieces of gender expression that hold similar significance in our family?

**Sociocultural**

How did the narrator's age play a role in this story?