



Trans Teen and Family Video Five





Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.

Emotions

- Not being named in his grandparents' prayer was significant to this trans teen.
 - o What do you think it signaled to the narrator when he was "left out entirely"?
 - o Do you think Aunt Debi noticed that too? Why or why not?
 - o Why do you think Aunt Debi decided to go over to the narrator?
 - o What role did Aunt Debi play in helping the narrator feel better?

Relating to the Video

- This video describes Aunt Debi as a positive influence from outside of the immediate family. Is there anyone like this in your own extended family?
- Have you ever felt left out in your family?
 - o How did it feel?
 - o What do you wish could have been different?

Safety and Security

Prayer as a symbol for **love and shelter**. What role did prayer play in constructing safety and security (or not)?





Sociocultural Context

- "We talked about the complexities of religion and my transness": This teen describes talking to his Aunt Debi about how religion can affect how someone responds to a family member's gender identity.
 - o How might the narrator's feelings about his family's religion have been affected by what happened at the family reunion?