



## Trans Teen and Family Video Four

*Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.*

### **Emotions**

- This narrator describes conversations around transness as being all that some family members wanted to talk about with him after he came out.
  - How did this seem to make him feel?
  - Why do you think he felt this way?

### **Relating to the Video**

- [for youth] Are there ways that adults in your life seem to still think of you as a younger version of yourself?
  - How does that feel for you?
- Have you ever felt like “everything is about transgender” in your own family?
  - When you felt this way, what did you say or do?
  - Do you still feel like this?
    - If so, what are some ways family members can help change that for you?

### **Safety and Security**

- What role did conversation topics play in constructing safety and security?

### **Transitioning**

- What role did the narrator's surgery have in his life?