



Trans Teen and Family Video Two

Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.

Emotions

- This video depicts a father who needed time before silence was broken. During that time of silence, which feelings do you imagine came up for:
 - the narrator?
 - the father?
 - the mother?
- What do you think the mother was thinking and feeling when the narrator asked to buy a dress in the store?
 - How do you think the narrator was feeling ...
 - ...just before asking that question?
 - ...after the mother's response?

Relating to the Video

- What does it look like when I'm processing my feelings?
- What assumptions do we make about what family members are thinking or feeling based on their actions?
 - How do we learn whether our assumptions were correct or not?
- How do I feel about asking for what I need...
 - [for trans young person] ...related to my gender?
 - ...from members of my family?

Safety and Security

- How did dad's concerns about safety and security impact his response?



Gender Roles

- What significance did the dresses at the beginning of the video hold for...
 - the narrator?
 - Her family?
- Are there ways of expressing gender that are significant in our family?