



## Trans Teen and Family Video Eight

*Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.*

### **Relating to the Video**

- The mother in this video asks “is this you getting back at me?”, which the narrator describes as if she’s looking for a reason for the narrator being trans.
  - Are there ways that I’ve made my family member’s transition about me?
  - What other ways might people make a transition about themselves instead of about the transgender person’s experience?

### **Safety and Security**

- Dad saying “have you met my son?” – how does language that recognizes who we are create a sense of safety and security?

### **Gender Roles**

- “Is this you getting back at me?”
  - When mom says this, what kinds of misconceptions about gender does this highlight?
- When the narrator says “I was a girly child,” what is his “evidence” that he was “girly?”
  - Why are these things considered “girly?”
- How does the narrator’s “girliness” as a child affect how his mom made sense of his transness?



### **Sociocultural**

- The narrator describes being adopted as a young child. How might adoption impact...
  - ...the narrator's sense of belonging in his family?
  - ...family members' ability to understand the narrator's experience?