



Trans Teen and Family Video Four

Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.

Emotions

- This narrator describes conversations around transness as being all that some family members wanted to talk about with him after he came out.
 - How did this seem to make him feel?
 - Why do you think he felt this way?

Relating to the Video

- [for youth] Are there ways that adults in your life seem to still think of you as a younger version of yourself?
 - How does that feel for you?
- Have you ever felt like “everything is about transgender” in your own family?
 - When you felt this way, what did you say or do?
 - Do you still feel like this?
 - If so, what are some ways family members can help change that for you?

Safety and Security

- What role did conversation topics play in constructing safety and security?

Transitioning

- What role did the narrator's surgery have in his life?