



Trans Teen and Family Video Three

Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.

Emotions

- There are three different haircuts described by the narrator in this video.
 - How were each of these three haircuts similar?
 - How were they different?
 - How did the narrator seem to feel about each haircut?
 - How do you know?

Relating to the Video

- How does the narrator's family factor into this video?
- Do we see any similarities in our family structure(s)?

Safety and Security

- This video is narrated by someone who experienced housing instability. How do you think this affected them?

Gender Roles

- What significance did their haircut hold for
 - ...the trans teen?
 - ...Their family?
- Are there pieces of gender expression that hold similar significance in our family?



Sociocultural

- “I lived with the white side of my family”. The narrator describes growing up with caregivers who were unsure about how to manage their hair. What impact might this have had on...
 - ...how they saw themselves?
 - ...their sense of belonging to their family?
- Are there “sides” to your own family that are different from each other culturally or in other ways?
 - How does this affect your experiences...
 - ...with your gender?
 - ...within your family?