



## Trans Teen and Family Video Two

*Please take some time to reflect on your own after watching these videos before talking with others. Taking the time to sit with information that is new and/or linked with strong emotions can make it easier to express your feelings and ideas when talking with others.*

### **Emotions**

- This video depicts a father who needed time before silence was broken. During that time of silence, which feelings do you imagine came up for:
  - the narrator?
  - the father?
  - the mother?
- What do you think the mother was thinking and feeling when the narrator asked to buy a dress in the store?
  - How do you think the narrator was feeling ...
    - ...just before asking that question?
    - ...after the mother's response?

### **Relating to the Video**

- What does it look like when I'm processing my feelings?
- What assumptions do we make about what family members are thinking or feeling based on their actions?
  - How do we learn whether our assumptions were correct or not?
- How do I feel about asking for what I need...
  - [for trans young person] ...related to my gender?
  - ...from members of my family?

### **Safety and Security**

- How did dad's concerns about safety and security impact his response?



**Gender Roles**

- What significance did the dresses at the beginning of the video hold for...
  - the narrator?
  - Her family?
- Are there ways of expressing gender that are significant in our family?